

Food for Thought for the week of July 12/13, 2025

Deuteronomy 1:5-8, 19-21, 25-27, 8:7-10, Philippians 3:13-14, Romans 1, Genesis 2:7, 1:28, Ephesians 3:16-19

This past weekend, we were challenged with the idea that it's not enough to know about God's promises—we're called to *possess* them. What's one promise from God you believe is true—but have struggled to fully step into? Reflect on why that might be. What would it look like to start "taking ground" in that area?

1. Read Joshua 1:1-9. What does God repeat to Joshua multiple times in this passage? Why do you think God emphasizes this command? What does this reveal about the inner battle that can come with stepping into God's promise?
2. In verse 2, God says, "Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them." What does this teach us about God's timing and human responsibility in fulfilling His promises? Consider how this speaks to the difference between "receiving" and "possessing."

3. God promises Joshua that “every place you set your foot” will be theirs (v. 3). What area of your life do you sense God calling you to “step into” in faith—but you’ve been hesitant? What is holding you back? Write it down and prayerfully ask God to give you boldness.

4. God tells Joshua to meditate on His Word “day and night” (v. 8). How does anchoring your life in God’s Word equip you to walk in your calling and inherit what God has promised?

5. Think about your current spiritual habits. What’s one change you can make this week?

6. God’s final words in verse 9 are both a command and a comfort: “Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” How does the promise of God’s presence give you courage to move forward—even when you’re unsure of what’s next?

End this time with a short prayer, asking God for courage and clarity as you move forward.