



Stay In The Ring

Pt2: The Solution

Scriptures: Ephesians 4:25-27, 29-32

Psalm 51:10, Luke 19:8

2. Conflict can be difficult because what's happening within us shapes how we respond. As you read this moment between Jesus and His disciples, what do you notice about Peter's reaction and Jesus' response? Matthew 26:47-52
 - a. Peter was close to Jesus, but his response still needed to be shaped by Him. What does this show about the difference between being around Jesus and allowing Him to shape how you handle conflict?

3. What we carry inside is real and shapes our response. Let's read Colossians 3:3-16. What do you notice about what we are called to carry or put on, and how that reshapes our response?

4. Our sin placed us in conflict with God, yet He chose to move toward us. As you read Romans 5:6-11, what do you notice about how He responds and what He has made available through Christ?

5. As you read Luke 7:36–50, what do you notice about the tension in the room and how each person responds, and what stands out about how Jesus engages with the woman, especially in verses 48 and 50 as she is told to go in peace?
- a. The peace that Jesus gave her came at the forgiveness and salvation she received. In light of this, reflect on Colossians 1:13–14, how does this shape or challenge the way you look for peace in conflict?
6. What we have received in Christ shapes how we respond to others. We see this in how Paul approaches his situation with Philemon. As you read Philemon 1:8–16, what stands out about how he handles conflict with both truth and relationship?

TAKING IT HOME:

Handling conflict is not easy, and it's not something we can do on our own. It's not just about changing behavior, but about living from the forgiveness we've received in Christ.

This week, take time in prayer to remember what you've received, then bring your conflicts before God.

Philippians 4:6–7 reminds us that as we bring everything to Him, His peace will guard our hearts. Ask Him to help you walk in that peace in your relationships.

“The quality of life, depends on the quality of relationships.”
May God bless you with full and fruitful relationships.