

OVERREACTION

Message Notes

*Pastor Dan invites you to join him at NIGHT OF HOPE
Sunday, February 23, 2025 @ 5:00 pm
Grace Community Church, 1200 E Southern Ave, Tempe, AZ 85282
Join us in the fight against Modern Day Slavery!*

To watch this message online, go to <https://www.pureheart.org>

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Heart Crew Participant Guide

For the week of February 15 & 16, 2025

MY STORY

1. Have you ever seen someone overreact in a situation? On social media or real life? How did you feel?

2. Have you yourself ever completely misread a situation and reacted in a way that, looking back, was totally unnecessary or even hilarious? What happened, and what did you learn from it?

3. Looking back at your notes from this week's teaching, was there anything that particularly caught your attention, challenged, or confused you?

DIGGING DEEPER

1. This weekend, Pastor Dan walked us through the ways in which we overreact. He brought up a great question at the beginning of the message and asked, "What do our reactions say about our confidence in God?" How would you respond to that question?

2. This week let's explore the story of Paul and Silas.
Read Acts 16:16-24.
 - a. How does each person in the story respond?

 - b. When faced with opposition or injustice, how do you tend to react? Do you show patience, frustration, or feel pressured to follow the crowd?

3. Let's see what happens next in Acts 16:25-30
 - a. What do you see Paul and Silas actively doing as a reaction to their situation?

 - b. How are these elements displayed?

4. Let's finish up with Acts 16:31-34 (Doing great!)
 - a. Thinking about Pastor Dan's message on overreactions, how would you rank Paul and Silas' reaction to their circumstances versus the jailor's reaction?

 - b. What were the results of Paul and Silas trusting that God works all things for good (Romans 8:28)? What was the shift in the jailor's life and the lives around them?

5. Let's look at one more account in Luke 22:47-51.
 - a. How do you see the (over)reaction of Peter in this story?

 - b. How was God able to redeem the overreaction?

 - c. Do you remember that God still loves you in those moments? Do you remember that God is working out a bigger picture than you might see in a moment?

6. As you think about Pastor Dan's message and these two stories, think about your own life. How do your responses reflect Christ?
 - a. Do you trust that God is in ultimate control of all outcomes? Why or why not?

- c. What is one thing you can start doing this week to respond more like Jesus?

TAKING IT HOME

Pastor Dan reminds us that God ultimately controls our outcomes. In Matthew 11:28-30, Jesus invites us to come to Him for rest when life feels heavy. His heart is gentle and humble (v. 29), His yoke is easy, and His burden is light—but we must turn to Him first.

Christ is present in every situation, inviting us to see from His perspective. Take a moment to reflect: Where do you turn first in difficult times? Who or what do you rely on most? How might turning to Jesus first change your response?